



SEFTON PARK

TERM 1 NEWSLETTER WEEK 4

Dear Parents and Carers,

It has been a real pleasure to welcome our full cohort of Reception children to school this week. Starting school is such a big moment for children and families, and we are delighted to welcome you all to the Sefton Park community. The children have been busy exploring their classrooms, getting to know their teachers and beginning to make new friendships. It has been lovely to see their confidence grow as the week has gone on.

Our Year 6 children enjoyed their Lifeskills visit this week, where they had the chance to think through some of the situations they may encounter as they become more independent. Next week, Year 6 will be visiting the Millennium Centre. Children in Sefton Spotlights will also finally get to enjoy the Wicked workshop they missed during their trip to London. I know they have been looking forward to it! Thank you, as always, for your support. I hope you all have a lovely weekend.

Best wishes

Alex Powell
Headteacher





SEFTON PARK

Year 6 Transition Opportunities

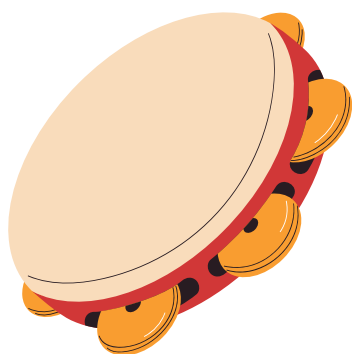
Hello Sefton Park Junior School

Have you considered applying for a Music Specialism place at Trinity Academy and/or Bristol Cathedral Choir School? It isn't too late!

Trinity Academy and Bristol Cathedral Choir School offers up to 10% of its Y7 intake (up to 18 places at Trinity and up to 15 at BCCS) to applicants who demonstrate an aptitude in music. The test is a 2-stage process and is open to all Y6s that wish to apply. These tests are not auditions and applicants do not have to perform as only aptitude - i.e. potential - is being measured.

For Trinity Academy admissions information please go to the website page [here](#).
For Bristol Cathedral Choir School admissions information please go to the website page [here](#).

You can apply for both or either school by completing this [Application Form - Music Aptitude Test](#). The test takes place at Trinity Academy on Saturday 26th September 2026.





SEFTON PARK

Morning Snacks & Allergies

As we settle back into the new school year, we wanted to remind families about snacks and food brought into school. We know mornings can be busy and that children naturally enjoy treats, but what they eat during the school day can make a real difference to their energy, concentration and readiness to learn.

We all know that chocolate, doughnuts and other sweet foods are tasty, and there is absolutely nothing wrong with enjoying them in small amounts. However, they should be treats rather than a regular option for morning snack. Foods that are very high in sugar can lead to a quick spike and then a drop in energy, which is not helpful when children are trying to concentrate and learn.

We would therefore ask families to send children in with healthy snacks such as fruit, vegetables or other suitable options. If we continue to see items such as chocolate-covered doughnuts, sweets or similar foods being brought in for morning snack, these will be taken away and the child will be offered fruit or toast instead, we will of course understand if there are sensory needs, or SEN needs which make certain foods more challenging.

We also need to be absolutely clear that **nuts must not be brought into school**. We have both children and staff with nut allergies, and new guidance means this is an area we will be monitoring very carefully. This includes obvious nut products as well as foods containing nuts, such as some cereal bars, spreads and baked goods.

We appreciate everyone's support with this. It is not about banning treats altogether, but about making sure that everyday choices in school support children's health, learning and the safety of our whole community.





SEFTON PARK

PSHE Consultation

Thank you to all the Parents/Carers that attended the PSHRE Consultation on Wednesday.

Attached is our PSHRE Curriculum for you to explore along with the slides used in the session.

We recommend that Parents/Carers support their child in the following ways:

- Find out what topics they are covering each term.
 - Ask them questions related to these topics.
 - Help them understand how your family's values and beliefs connect to the topics covered.
 - Try to listen without judgement, so they feel safe to share their feelings and ideas, and feel comfortable to ask for your support in understanding the topic.
 - Let them know what you think about the topic yourself, and also make space for them to ask questions and form their own opinions too.
- If you have any questions, please email Mrs Shuker.

Slides will be sent in a seperate email



Dates for the Term Ahead

Date	Time	Year Group	Event
14th Sep	10:30-12:30	4	Swimming - this will be every Monday
15th Sep	9:00-12:00	5	Explorer Dome - In school experience
16th Sep	All Day	6	Lifeskills Trip
22nd Sep	9:00-9:30	Reception	Meet the Teacher presentation
23rd Sep	14:00	All	Prospective Parent Tours
30th Sep	All Day	6	Millenium Centre Theatre
8th/9th Oct	All Day	5	Magdalene Farm Residential Trip
8th Oct	14:00	All	Prospective Parent Tours
8th Oct	16:00-17:00	Nursery, Reception	EYFS Literacy Evening - if you are new to Year 1 you are also very welcome to attend.
12th-16th Oct	Various	All	Parents Evenings commence - sign ups will be available 2 weeks before
13th/14th Oct	All Day	All	Individual School Photos
15th Oct	All Day	4	Roman Trip to Caerleon Fortress
20th Oct	10:00	All	Prospective Parent Tours
21st Oct	All Day	All	Flu Vaccinations
23rd Oct	All Day	SRB	Bristol Bears Trip
23rd Oct		All	End of Term 1

SEFTON SPOTLIGHTS NEEDS YOU!

Join our backstage team for our December production

First volunteer meeting
Tuesday 15 September
3:45pm

Join
the
Spotlight

Our December production may still feel a little way off, but behind the scenes the work starts now – and we're looking for parents and carers to help make the magic happen.

Who can help?

Any parent or carer is warmly welcome — including parents of cast members, who are always hugely valued. We would also especially love to hear from parents of children not in the cast this year, as they may be able to help with 2 or 3 performances.

Volunteer roles include:



Chaperones & wing marshals



Sound, lighting, projection & AV



Hair & make-up



Mic handlers



Stagehands & backstage crew



Camera operators



...and more

CREW

COSTUMES

LIGHTS

SOUND

MAKE-UP

MAGIC

No theatre experience needed — just enthusiasm, reliability and a willingness to get stuck in.

Be part of the magic this December ✨



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Term Dates 2026/27

Term	Starts	Ends	INSET Days
1	Thursday 3 rd September 2026	Friday 23 rd October 2026	Thursday 3 rd September & Friday 4 th September
2	Monday 2 nd November 2026	Friday 18 th December 2026	N/A
3	Monday 4 th January 2027	Friday 12 th February 2027	Monday 4 th January 2027 & Tuesday 5 th January 2027
4	Monday 22 nd February 2027	Friday 25 th March 2027	N/A
5	Monday 12 th April 2027	Friday 28 th May 2027	N/A
6	Monday 7 th June 2027	Friday 23 rd July 2027	Monday 21 st June 2027

