



FOOD FESTIVAL

By Aspens



Daily Salad Bar

MONDAY

Pepper Sticks, Carrot Sticks, Cucumber Sticks, Shredded Lettuce, Tomato Wedges, Sweetcorn, Raisins, Plain Pasta, Grated Cheddar, Tuna Mayo, Tortilla Wrap 6"

TUESDAY

Pepper Sticks, Carrot Sticks, Cucumber Sticks, Shredded Lettuce, Tomato Wedges, Sweetcorn, Pineapple Pieces, Chickpeas, Boiled Egg, Ham, MK4 Bun

WEDNESDAY

Grated Carrot & Red Cabbage, Cucumber Sticks, Shredded Lettuce, Tomato Wedges, Sweetcorn, Pineapple Pieces, Chickpeas, Grated Cheddar, Tuna Mayo, Tortilla Wrap 6"

THURSDAY

Grated Carrot & Red Cabbage, Cucumber Sticks, Shredded Lettuce, Tomato Wedges, Beetroot, Raisins, Plain Pasta, Boiled Egg, Ham, MK4 Bun

FRIDAY

Grated Carrot & Red Cabbage, Cucumber Sticks, Shredded Lettuce, Tomato Wedges, Beetroot, Raisins, Plain Potato Salad, Grated Cheddar, Chicken, Tortilla Wrap 6"

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Pepper Sticks 20g
Carrot Sticks 20g
Cucumber Sticks 20g
Tomato Wedges 20g - 1 tomato cut into 8 wedges
1x Tbsp Sweetcorn - 25g
Beetroot 20g
Shredded Lettuce - Beige Spoodle
Grated Carrot & Red Cabbage - Beige Spoodle
1x Tbsp Raisins
4x Pineapple Pieces -1 ring cut into 16 pieces

Plain Pasta 20g
Plain Potato Salad 20g
Chickpeas 20g

1x Boiled Egg
1x Red Spoodle Tuna Mayo 25g
1x Sliced Ham
1x Red Spoodle Grated Cheddar 25g

1x Filled Tortilla Wraps 6" (15cm)
1x Filled Bread Roll - MK4 Bun

